

THE Summit

A photograph of two men walking on a paved path outdoors. The man on the left is wearing a black t-shirt with a graphic that says 'BEING A WINTER IS EASY, IT'S LIFE', blue jeans, and suspenders. The man on the right is wearing a grey t-shirt with '5.28.17 28.3 RTV' on it, khaki shorts, and blue sneakers. They are walking towards the camera. The background shows trees and a building.

**MOVING
FORWARD**

ANNUAL REPORT 2022-2023

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2022-2023

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The best word we can find to describe what has transpired for our organization in the last twelve months is 'dynamic'. That's because it captures something in motion, a force, something that tends toward change and productive activity. That's us.



Phil Wyzik
Chief Executive Officer



Brian Donovan
Chair of the Board of Directors

As a friend of MFS reading our Annual Report, you probably know that we set about the task of acquiring a new location for all of our Keene service programs many years ago. **Many of you generously gave to our Capital Campaign to make this a reality.** Since our last report to the community, a flurry of activity has taken place to prepare our 40 Avon St. building for occupancy.

What you might not know is that during that time, numerous obstacles and challenges have been encountered, having to do with the execution of our mission and the normal course of our work.

Like most healthcare enterprises in our country, personnel issues have dominated our ability in giving care to our clients. We succeed thanks to our cadre of dedicated and skilled staff who bring their best selves to their work every day. **Staff are more important than ever as we've seen a significant increase in the need for our mental healthcare services.** In the pages that follow, you will read about some of their wonderful accomplishments. We are grateful for every one of them. Our challenge is that we simply need more staff and the resources to make that possible.

We are pleased to welcome Melinda Asbury MD, PhD to our agency as our new Chief Medical Officer. She brings us a wealth of knowledge, experience and research in community psychiatry and mental healthcare. This pivotal role is essential to what lies ahead.

The road ahead is about much more than a new home for our Keene services. We are embarking on a new model of programs that responds to the needs of our clients and the realities of our workforce. **Called 'whole person, progressive care', it centers on practical goals and definable solutions that assist our clients to move more quickly to health and recovery.**

An upgraded electronic medical record system will make this service innovation real. Preparations for this important change have taken place over the last six months; we'll implement it before the end of 2023.

New people, new approaches, new tools, new location, new progress – dynamism for sure. We hope that our new logo captures some of this growth. Still however, important things remain the same: **our unwavering commitment to delivering the best treatments and services we can for our clients, their courage and success in their pursuit of a healthy life, the financial and emotional support from our tremendous community, and the relationships that tie things all together.** For us, this testifies to the fact that we are all better together.

Thank you for your dedication and support for this important work. We appreciate your compassion for those who turn to MFS for help. We are **better together.**

Sincerely,

Phil Wyzik *Brian Donovan*



"Give what you have to give"

Heather Scheck

I am an incorporator for Monadnock Family Services and I want to share why supporting MFS is so meaningful to me. I went through a lot in my late teens and early 20s. **I didn't have a strong support system in my life and didn't have a lot of money.** I was young and needed help and MFS was there for me during some of the most difficult times in my life.

The first time I used the services of MFS, I was triggered by memories of personal childhood trauma that resulted in symptoms of PTSD – **hypervigilance, difficulty sleeping, and self-destructive behavior. I experienced my first panic attack while at work at the age of 19.** I didn't understand what was happening to me. I had tunnel vision, I was trembling, and everything sounded far away. I couldn't focus or talk. My co-workers were concerned, so they took me aside and convinced me to seek emergency treatment. MFS was able to see me immediately, that same afternoon. The therapist talked to me and explained what was happening and then set me up with ongoing treatment services. They listened to me and helped me work through some of the trauma that I was remembering. **MFS provided me with coping tools. And they did this while also providing a sliding scale for payment, as they understood my financial position.**

The second time I sought treatment from MFS was when I was 23 years old, following my brother's suicide. My mother had also died suddenly less than a year before. **Losing two members of my**

immediate family within a year was particularly difficult, but there is a distinct and crushing stigma that comes with surviving a loved one's death by their hand. The therapist at MFS helped me work through the feelings of grief, guilt, and shame.

As an incorporator for MFS and a branch manager at Savings Bank of Walpole, I was recently able to use my professional expertise to present a financial literacy seminar to a group of MFS Peer Specialists and Case Managers. This was a very rewarding experience. Peer Specialists serve an important function at MFS. They assist clients in their day-to-day lives, using their personal experiences to help guide clients to make safe and healthy choices regarding treatment and life planning. I hope the information I provided will help them to guide their clients to make good financial decisions.

I am excited to be a part of the MFS community and to give back to them what I have to give. It's important to remember that, while donations are important, it's not the only way to help. I hope those reading this will consider giving what they have to give as well.

Thank you,
Heather Scheck

Incorporator and Incoming Board Member,
Monadnock Family Services

Branch Manager, Savings Bank of Walpole

CLIENT STORY:

JESSE'S STORY



What a journey it has been. Jesse, who identifies as non-binary and uses they/them pronouns, began experiencing serious anxiety and depression as a child. **Jesse would feel deeply sad at random times**, thinking they didn't have any friends even though that wasn't true. Jesse would feel tightness in their chest and have a hard time breathing. Things became so serious that twice, young Jesse spent time in a psychiatric hospital.

As an adult, Jesse lived with a family member, but it wasn't ideal. Jesse was sleeping on the floor and had to move out. A better option was needed.

"I would be homeless without MFS" ~ Jesse shared.

Once Jesse came to MFS, they secured a place to live in our transitional housing program for six clients, now called **The Lodge**. Without this, Jesse is sure they would have ended up homeless. **Instead, Jesse has a safe, welcoming home, as they work hard to meet their goals with the support of the MFS team of caring professionals.**

Jesse began meeting with Jeremy Mitchell, (pictured with Jesse on the cover) MFS's InShape Team Leader. They often like to take walks and just be silly together. Jesse's goals include improving overall health, getting out of the house, and losing weight. **Jesse knows that walking with Jeremy is a real mood lifter!**

The pandemic was really hard on Jesse and impacted the progress they had made with Jeremy. But they are back on track now.

Like many people, Jesse finds that medication is an important part of their wellbeing. Very often, finding the right one and the right amount is a process of discovery. The MFS Health Services department understands that this is critical in the client's plan of care.

Jaden Rogers, Jesse's case manager shares, "I think that the MFS staff who work with Jesse **provide an opportunity to stay connected and engage in the community more.** This is an important goal for Jesse and I'm very glad I have the chance to support them." Jaden was excited that Jesse recently took their beloved uncle out for a real treat – dinner at the Fireworks restaurant in Keene. While this would have been cost prohibitive for Jesse, the dinner was covered by the generous Fireworks owner, Adam Berbure (see page 13 for more!). Another great opportunity to get out into the community!

Jesse is now leading a happy and full life. Jesse enjoys drawing (and is darn good), writes in a collaborative fiction group with friends, and enjoys playing video games.

One of Jesse's main objectives now is to find an apartment to live in, no easy task these days. **But Jesse is resilient and is no longer scared of living independently.**

"I'd be lost without MFS. I wouldn't have the mental, emotional, and physical support that I need."

It's important to Jesse to share this story, explaining that "People won't be tolerant of what they don't understand." **When asked what they wanted to say to the people who support MFS, Jesse said, "One of the best ways to spend your money!"**

Jesse is moving forward – one step at a time.



Jesse with his Case Manager Jaden

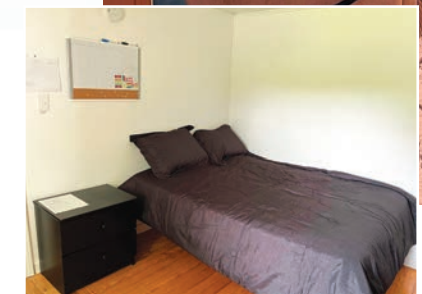
A Place to Call Home

The Lodge – Transitional Housing

Rene and Rich Harper have seen what the stigma regarding mental health can do. So, they made it their mission to create a welcoming space that would meet MFS clients' needs. They generously renovated their inherited family home into what is now The Lodge. **The Lodge, transitional housing for clients like Jesse, is an important bridge to independent living.** It has meant the world to the Harpers to be able to provide this much-needed home, especially given this challenging real estate market.

Thank you, Rene and Rich.

Photos of "The Lodge" including a hand-made sign by the owner, Rene Harper.



Solutions Based Therapy

By: Liz Biron, MS, LCMHC
Clinical Team Lead-ERO Children's Team

In September 2022, MFS began training direct care staff in an approach to services called Solution Focused Treatment. It's an effort to continue to meet the ongoing mental health needs of our community. Solution Focused Treatment is client-centered and celebrates the strengths within all of us to live our best lives. People find the answers they didn't know were there and amplify them to further increase positive change. Our clients are able to work towards a goal while assessing the effectiveness of the skills they are using to achieve that goal. They are encouraged to continue doing something if it is helpful, and to try something else if it is not. This is empowering: people recognize their own successes and strengths, further promoting overall wellness in their lives.

A Solution Focused approach to care also supports staff in giving them a template for working with a variety of clients, such as those who are ready to engage in treatment, those who are not sure about treatment, and those who are required to attend treatment. By knowing the person's readiness, staff can approach the work in a way that meets the person where they're at, while still continuing to make therapeutic progress. This in turn leads to more effective treatment which benefits everyone. Using Solution Focused Treatment is just one of the many creative way MFS is working to meet the comprehensive needs of those we serve.

EMR: A Game Changer

A new electronic medical record system called **MyEvolv will be a game changer for MFS**. Director of Quality Assurance and Corporate Compliance, Kaitlin Kelly, MS shared, "I can say with confidence that workflows will change for the better and that I am excited to continue this work, as it will greatly improve the way we complete notes, treatment plans, assessments and so much more. **MyEvolv will give us the ability to spend less time completing lengthy workarounds for clinical documentation and more time providing services to the individuals we serve.**"

As a healthcare provider, MFS relies on a computerized record (EMR) to organize the critical documentation of services provided to clients. This system is used every day by our clinical and program staff, and it is a necessary part of ensuring the quality of care given to clients.

This year, MFS took another step in further advancing and streamlining our EMR system to provide more functions that allow day-to-day documentation tasks to flow with greater efficiency. Some of the benefits of the new system include improving the accuracy and integrity of data and clinical documentation, decreasing the amount of time needed to complete clinical documentation, simplifying flows, user-friendly systems and processes, increased efficiency, and the ability to track a client's progress and improvement.

In September staff received their first training in the new MyEvolv system, which was recorded and shared throughout the entire agency to provide as many staff members as possible with the chance to become familiar with the software. MFS is projected to go live at the end of November and is still on task by meeting the targets necessary for this transition. "We still have a long way to go and a lot more building to do," Kelly added "But **we are well on our way to improving daily workflows, decreasing the amount of time spent documenting, and improving the integrity of the data** we are required to submit to the state of NH."MFS is excited to take this next step in enhancing a vital internal system impacting both clients and staff.

Together, we create services that heal.

Incoming Board Chair

Reba Clough is a retired APRN (Psychiatric - Mental Health Advanced Practice Nurse), and a twenty-six-year Veteran of the United States Air Force. Reba holds a master's degree in Community Mental Health Nursing. Her professional nursing experience includes numerous years of community mental health center practice in Kansas City, Kansas. Another highlight of Reba's career was her long tenure with the Salt Lake City Veteran's Health Administration Medical Center serving as the Chief Nurse, Mental Health Services. Having relocated to Keene in 2019, Reba's goal in retirement is to focus on volunteer work with community organizations to promote mental health initiatives. Reba became a member of the Monadnock Family Services Board of Directors in 2020; she will begin her role as Chair of the MFS Board in October 2023. Reba is also an active member of the Monadnock Assembly on Trauma and Transformation and is passionate about transforming our community to one that is trauma informed.



Trauma-Informed Community Project Gets a Coordinator

By Anena Hansen



Under the MFS umbrella, a coalition of local-stakeholders called the Monadnock Assembly on Trauma and Transformation (MATT) has been meeting for a few years, to address the issue of trauma in the region. It's part of the region's community health improvement plan through the Healthy Monadnock Alliance.

In my previous capacity with the Recovery Friendly Workplace program, I became involved in MATT late last year, right around the time the New Hampshire Children's Health Foundation approved funding to support the hire of a program coordinator to spearhead a Trauma-Informed Community program in the greater Monadnock region. The next thing I knew, the program coordinator was me.

Since starting in April, I've invested the majority of my time in two main activities: expanding my knowledge base around trauma, its impacts, and how others have addressed it on a community-wide level and telling people all over Monadnock about our program and asking their feedback on what is needed.

Gradually, we're using this information to craft a few specific interventions that will comprise our pilot programs. Since the funder is focused on youth, so is our TIC approach. How do we prevent trauma before it begins? How do we mitigate its impact as early as possible once it has already occurred?

These are not small questions. I've been speaking with teachers, guidance counselors, social workers, and others who work with youth and their caregivers. We're not expecting overnight solutions. But if there's one thing consistently proved by the growing body of trauma-related science, it's that humans are resilient; working together, step by step, we can implement systems-level changes that will have a ripple effect for generations to come.

That's our vision for a trauma-informed Monadnock community.



One of the benefits of our move to 40 Avon St. is the creation of an environment that postures hope and healing. **When people enter our new space, we want them to feel optimistic and supported in their health journey.** Decorating our space with imagery and art that evokes these themes is one of the ways we hope to accomplish this important goal. To that end, this year we began a couple of art initiatives aimed at engaging our clients, staff, and community in projects that not only beautify our space but aid in the mental healthcare journeys of those around us.



The Art of Healing and Hope

Our first project within this initiative was our **50 Drops of Water project**. Made this Spring at Hot Glass Art Center in Marlborough, NH by clients, Incorporators, staff, Board Members, and longtime MFS supporters, the art installation of 50 hand-blown glass drops will be one of the first things seen by people who enter our new 40 Avon St. location. **These drops can be a symbol of hope for the future, or of the grief of losing a loved one to suicide.**



Looking to the future, MFS was recently awarded \$5,100 from the New Hampshire Council on the Arts to fund a **4-week artist in residence with the help of Social Practice Artist Residency Keene (SPARK)**. Together, our chosen artist-in-residence will work with selected youth receiving MFS services to create an art installation that will hang in the two-story children's waiting room. The goal is for the youth working on the project to be able to create pieces that help reduce stigma and ignite hope.

With both powerful art projects at Avon Street, people will look up, creating a posture of hope that supports individual and collective journeys to healing and health.

Thank you to all those who donated to make the 50 Drops of Water a reality!

Together, we'll rise to the challenge

Important news - Dr. Mindy Asbury has joined the MFS staff as our new Chief Medical Officer. She has relocated to New Hampshire from North Carolina where she was a researcher and a psychiatrist in community mental health. Dr. Mindy also has a role with Cheshire Medical Center as Chief of Psychiatry in a first-of-its-kind collaboration between MFS and CMC.

"I am thrilled and honored to call myself a member of the mission-driven and dedicated team of providers and leaders here at the historic MFS. Throughout the last 18 years, I had chosen education, training, and clinical practice trajectories that cultivated expertise in recovery-oriented, evidence-based treatments for individuals with serious mental illness and in the creation of sustainable programs of delivery to geographically marginalized and underserved areas," Dr. Mindy shared.

"I earnestly awaited an opportunity to return to my rural roots with this expertise, but it had to be with the right organization and in the right community. During my first visit to Keene and MFS in February 2023, I was awestruck by the level of commitment to excellence and service that I witnessed from MFS staff members, leadership, and representative Board members. **There seemed to be a precise alignment of core values amongst the MFS organization, the community, and those around which I had built my career.** For me, it was with absolute certainty that the right organization was MFS and the right community was Keene and the Monadnock region.

"It is with great fortune and privilege that MFS has since afforded me the opportunity to become their next Chief Medical Officer. I know the next several years will bring immense challenges as we are seeing **unprecedented numbers of death by suicide, soaring prevalence of mental illness in our younger population, and a widespread escalation in substance use disorders. The level of drive, creativity, and perseverance from those within MFS and from our surrounding community has been unlike any I have seen,** and I am confident that together we will rise to the challenge that is in front of us, our community, and our nation as we battle the greatest mental health crisis of our time."

MFS CEO Phil Wyzik added, "We are excited that Dr. Asbury is joining us at this pivotal time for the agency. Her deep experience as a provider and researcher aligns perfectly with our mission, our culture, and our people. What's more, she will forge a stronger bridge between the important work we do each day and our collaborators at Cheshire Medical Center/Dartmouth Hitchcock." Phil continues, **"Our community is much better because she's here."**



Dr. Mindy is the perfect person to help MFS embark on the many initiatives in the works to meet our very real challenges.

"As long-term residents of the Monadnock region, Dita and I have been impressed with the services offered by Monadnock Family Services. We have known a number of people who have been helped by MFS. With the combination of psychotherapy, social support, and medications, the clients have generally responded well to treatment.

Both of us have been directly involved with the organization. Dita was a long-term member of the Alice Circle, and Bob was a two-term member of the MFS Board. We have been impressed with the administrative and clinical staff, including their educational backgrounds, their experience in mental health, their professionalism, and their dedication to their clients.

For an organization with a professional staff of 180 and nearly 2,400 clients each year they work tirelessly to meet the challenges they daily face.

In this context, we have included a legacy gift to MFS in our recently updated wills, so that upon our deaths, we will be able to contribute to the long-term financial health of MFS. We encourage you to consider including a legacy gift to MFS in your wills."

-Bob and Dita Englund (pictured here)



A Huge Thank You to Those Leaving MFS in Their Wills

Your Will says a lot about you. And the kind people who are members of The Batchelder Society are saying that they care so deeply about children and adults with mental health challenges that they have remembered MFS in their Will.

The Batchelder Society, named after our founder, Alice Batchelder, includes compassionate MFS supporters who have informed us that they are planning a gift in their Will, possibly the most important gift they will ever make. A legacy gift isn't just a donation – it's an investment into the future.

We are deeply grateful to The Batchelder Society members for their big-hearted generosity.

- | | | |
|------------------------------------|---------------------------------|------------------------------|
| John C. Calhoun + | Jean and John Hoffman | Sandie Phipps |
| Susan R. Chollet | Ken + and Carol Jue | William M. Scranton + |
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| Ruth Ewing + | Isabelle F. Miller + | Story and Thomas Wright + |
| JoAnn and Bill Fenton | Mary Ellen + and Franklin Moore | Philip Wyzik |
| D. Baldwin Gardner + | Dorothy D. Peterson + | 1 Anonymous Friend |
| Mary Hewitt + | | |

+ Indicates Deceased

For more information regarding becoming a member of The Batchelder Society and including MFS in your Will, contact Kathy Waters, the Director of Development at (603) 209-5947 or kwaters@mfs.org. Check out [Freewill.com](https://www.freewill.com) for simple and straightforward guidance at no charge.



MFS Supporters Step Up

Our amazing community came through in a big way for FY’23, donating over \$355,000, 9% over our Annual Fund goal! This was a 25% increase from FY’22, despite a challenging economy.

Thank you to all who gave for making a real difference in the lives of so many children and adults with mental health challenges in our community. Your generosity has such an important impact on our region. These donated funds are more important than ever as the cost for staffing, both recruitment and retention, has increased.

Generosity During the Giving Season

Last December, Elm City Church generously made us the recipients of their Christmas at the Colonial fundraiser. The funds raised supported efforts to address the basic needs of clients served by MFS through things like gas and grocery assistance.

For the last several years, MFS has been the recipient of a generous annual donation of socks from St. James Church. This year, as record-cold temperatures swept over our community, we once again benefited from a donation of hundreds of pairs of socks from the congregation.

Thank you to the members of Elm City Church, and St. James Church for supporting our clients!

Emerald House Gets a Cat

After the resident cat at Emerald House, our transitional home for people with mental health challenges passed away, we were fortunate to adopt a new cat named Luna! Luna was adopted from the Monadnock Humane Society, and she instantly became a warm and welcoming member of the Emerald House family. It was reported by staff that Luna quickly put smiles on the faces of everyone she encounters.



20th Anniversary Men Who Cook Fundraiser

Thanks to the hard work of Louise Zerba, committee chair, as well as committee members Mary Delisle, Ann Heffernon, and Nancy Vincent, our 20th Anniversary Men Who Cook fundraiser was a huge success! Special thanks to our wonderful chefs, sponsors, and attendees. We are very grateful to our top sponsors Mascoma Bank, C&S Wholesale Grocers, Savings Bank of Walpole, and The Timken Company. Over \$15,000 was raised for RSVP’s America Reads program, helping local school children learn to love reading.



MFS CEO Phil Wyzik with RPH Coordinator Sam LaFortune

In addition to the funds raised, non-perishable food was donated by C&S Wholesale Grocers, Elm City Church, and event attendees. The donated food directly benefited MFS clients and The Community Kitchen.

RPH Open House

RPH (FKA Restorative Partial Hospitalization) recently relocated from Jaffrey to Keene to make the program more accessible to those it serves. In addition to the move, clients also renamed the RPH program to Restoring Positive Health. The day program provides support, activities, and therapeutic groups to individuals who have previously been hospitalized due to mental health challenges.

Fireworks Meals for Clients

This past Spring, Fireworks owner Adam Berube (pictured to the right) began donating specially made gift cards for our clients who would usually not be able to afford an evening out. Through the ongoing donation, Adam hopes to fight the stigma still connected to mental health challenges and give our clients an experience they would otherwise not be able to have. The gift card even allows them to bring family and friends, all on Adam - even the tip!



Anxious Nation Film Screening

In honor of Mental Health Awareness Month, we partnered with Connected Families NH on a free screening and discussion of Anxious Nation, a documentary on the growing challenges of youth and anxiety. The event was funded in part by the NH Charitable Foundation and was one of several free screenings that were hosted by the 10 community mental health centers in New Hampshire.

Financials

(Does not include capital campaign funds)

Program Service Fees

Client Fees	328,357
Private Health Insurance	11,198,091
Medicaid	259,926
Medicare	438,119
Public Support	875,410
Federal Grants	459,281
State Funding	1,137,325
Program Fees	50,632
Other Income	268,085

Total Revenue..... \$15,015,226

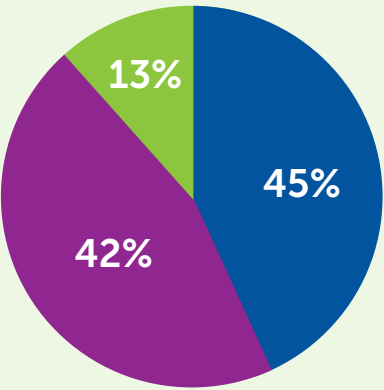
Expenditures

Personnel	11,876,361
Professional and Consultant Fees	745,376
Staff Development & Training	72,221
Occupancy	986,492
Consumables	268,572
Equipment / Communications	248,755
Transportation	160,104
Client Services	216,019
Other Expenses	297,462

Total Expenditures \$14,871,362

Serving all Ages:

MFS services touched the lives of 2,389 friends and neighbors throughout Cheshire County and beyond in FY 2023.



- Children (0-17)
- Adults (18-59)
- Older Adults (60+)

Children (0-17)	1,082
Adults (18-59)	993
Older Adults (60+)	314
Total:	2,389 unduplicated

Services Provided to Friends and Neighbors

Town	Town Contributions	Clients	Hours of Care
Acworth	\$1,066.00	1	1
Alstead	\$2,330.00	41	380
Antrim	\$3,296.00	37	631
Bennington	\$1,876.00	21	286
Charlestown	\$0.00	9	19
Chesterfield	\$4,440.00	54	773
Dublin	\$1,915.00	16	261
Fitzwilliam	\$2,938.00	37	1,037
Francestown	\$2,012.00	17	189
Gilsum	\$940.00	13	231
Greenfield	\$500.00	32	470
Greenville	\$2,467.00	36	666
Hancock	\$2,163.00	28	376
Harrisville	\$1,230.00	7	183
Hinsdale	\$4,935.00	124	2,213
Jaffrey	\$6,650.00	95	2,216
Keene	\$25,000.00	849	23,597
Langdon	\$0.00	2	13
Lyndeboro	\$800.00	11	157
Marlborough	\$2,620.00	66	1,077
Marlow	\$936.00	19	3,452
Nelson	\$786.00	8	115
New Ipswich	\$500.00	35	528
Peterborough	\$8,022.00	100	2,168
Richmond	\$1,496.00	15	217
Rindge	\$4,050.00	64	1,067
Roxbury	\$275.00	4	43
Sharon	\$0.00	1	30
Stoddard	\$0.00	28	468
Sullivan	\$822.00	15	189
Surry	\$1,025.00	16	187
Swanzy	\$9,087.00	189	3,815
Temple	\$1,727.00	17	261
Troy	\$2,662.00	54	1,117
Walpole	\$2,000.00	97	1,973
Westmoreland	\$2,000.00	16	337
Wilton	\$4,870.00	31	630
Winchester	\$5,187.00	184	3,984
TOTALS	\$112,623.00	2389	55,357

MFS Gets a New Logo

Our logo should say who we are. That is why, as **MFS looks brightly onto the horizon of advancement, program innovation, and a new space in Keene**, it seemed like a fitting time to make sure that our logo spoke to the mission and services of MFS. In Spring 2023 semester, MFS CEO Phil Wyzik reached out to a Keene State College graphic design class for help with a logo redesign. After expressing the needs of our organization, what we do, and how we would like to communicate who we are, students submitted logo proposals back to Phil, and one became our new logo. **We hope that this new symbol of MFS will amplify who we are as a community mental health center and that our new tagline, “Mental Healthcare – Better Together” showcases our commitment to providing and advancing mental health, hope, and healing, in the Monadnock region, with you - our community.**



Mission Statement

Our Mission is to be a source of health and hope for people and the communities in which they live, particularly as it pertains to mental illness. We create services that heal, education that transforms, and advocacy that brings a just society for everyone.

In order to be more eco-friendly and reduce paper, the lists of our generous donors and volunteers can now be found on our website at mfs.org.

MFS Office Locations

Keene

64 Main Street, Suite 201
Keene, NH 03431
(603) 357-4400

17 93rd Street
Keene, NH 03431
(603) 357-4400

24 Railroad Street
Keene, NH
(603) 357-4400

Peterborough

9 Vose Farm Road, Suite 120
Peterborough, NH 03458
(603) 924-7236

Jaffrey- Monadnock Adult Care Center

22 North Street
Jaffrey, NH 03452
(603) 532-2427

*Soon to be at our 40 Avon St., Keene location!

www.mfs.org/annualreports

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THE Summit

MOVING FORWARD

DONOR GUIDE

ANNUAL REPORT 2022-2023



We couldn't do it without you!

Thank you to our caring and generous donors.

All gifts listed on the following pages were received during our 2023 fiscal year, between July 1, 2022 and June 30, 2023.

These lists have been prepared with care. If your name has been listed incorrectly or omitted in error, please accept our sincere apology and notify Kathy Waters, Director of Development at (603)209-5947 or kwaters@amfs.org so that we may update our records

INDIVIDUAL DONORS ▶

Founders: \$10,000+

Jill Batty and Daryl Stutes **
Susan R. Chollet ***
Sue Doyle ***
Hugh and Gay Eaton ***
Alice B. Foster
David Foster
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