



October 10th is World Mental Health Day

Anyone can struggle with their mental health. As your community mental health center, we're here to help.

Visit our Website

Meet our new Chief Operating Officer!





The fall raffle for the Adult Care Center is Back!

Throughout October, you can support our Monadnock Adult Care Center by purchasing raffle calendars for \$25. One name will be drawn each day of November for the prizes on our calendar. To purchase calendars, please call us at 603-532-2427.

Click here to view the calendar!

Welcoming New Board Members

Our Board Chair Brian Donovan had the opportunity to welcome new Board Members Glenn Galloway, Bill Nickey, and Andrew Parsley to MFS at our annual meeting last We're thrilled to have these new Board Members on our team and learn from their expertise and wisdom.





MFS staff at the DeMar marathon

We love seeing the ways our staff go above and beyond for our community. A handful of our staff members kept their tradition of volunteering at the Clarence DeMar Marathon.

Thank you for voting!

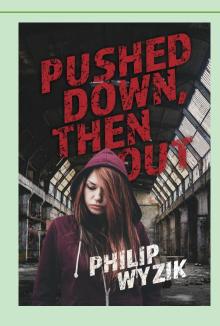
Thanks to dedicated community supporters like you, we received 26,802 votes in Target's giving program, awarding us a donation of over \$2,600! We couldn't have done it without you!



Upcoming Events and News



MFS CEO, Phil Wyzik is the keynote



"Pushed Down, Then Out", the

speaker for next week's Community Walk for Recovery at Putnam Park in Peterborough! Catch his address at 3:00PM and stop by the MFS table for resources and information.

debut novel by MFS CEO, Phil Wyzik will be released on October 26th! You can preorder the book now on BookBaby, Amazon, and Barnes and Noble. All proceeds benefit the **Monadnock Assembly on Trauma** and Transformation.



There are so many ways to make a positive impact when you work at MFS! We have positions for all experience and education levels, and many of our positions can offer flexible schedules. Explore how you can grow your career while making a difference by viewing our complete list of current openings at www.mfs.org/careers.

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